**EXPEDITION OVERVIEW**

To the mountaineer, K2 can be regarded as the ‘mountain of mountains’. Its allure arises from the combination of its isolation, extremes of weather, great altitude and technical climbing demands; K2 is a very serious and compelling objective. Our challenging route takes us onto the well documented Abruzzi Spur or the Cesen Route. Even though these routes have become the most common, they are by no means completely straightforward. We negotiate steep snow slopes and difficult rock steps over fairly open and exposed ground, including the infamous ‘Shoulder’ at around 8000m. We are truly amongst the stuff of dreams as we climb our way into the higher reaches of our route. The vertical height gain from Base Camp to summit is over 3500m, on which we will aim to place four further camps to support our ascent and acclimatisation.

**Participation Statement**

Adventure Peaks recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

**Adventure Travel – Accuracy of Itinerary**

Although it is our intention to operate this itinerary as printed, it may be necessary to make some changes as a result of flight schedules, climatic conditions, limitations of infrastructure or other operational factors. As a consequence, the order or location of overnight stops and the duration of the day may vary from those outlined. You should be aware that some events are beyond our control and we would ask for your patience.
EXPEDITION BACKGROUND

The expedition is professionally-led non-guided, expedition. We say non-guided because our leader and Sherpa team working with you will not be able to protect your every move and you must therefore be prepared to move between camps unassisted. You will have a strong leader who has previous experience of climbing on K2 or other 8000m peaks together with the support of our regular Pakistani High Altitude Porters, & unlike others Nepalese Climbing Sherpa’s thus greatly increasing your chance of success. You will not be required to carry team gear (tents, stoves, gas, food etc) except in extreme cases after periods of bad weather or where time is running out.

You should have suitable experience to enable you to be relatively self-sufficient, capable and willing to move between camps unsupervised. Ideally you will have previous altitude experience to at least 8000m and be comfortable on leading Scottish grade 3 winter routes, European Alpine D and Rock VS or UIAA III. K2 is an enormous undertaking with many obstacles but we believe our experience and infrastructure matched with your enthusiasm can help you achieve your dream.

All past members of our expeditions (successful or not) have been extremely pleased with the organisation provided and particularly liked the team philosophy we established. We are happy to put you in touch with members of our past teams! Our aim is quality, enjoyment and success. You are welcome to train with us and other members of the team through our monthly meets.

We will climb by either the Cesen Route or Abruzzi Spur, however our final choice will be dependent on the snow conditions. The Abruzzi Spur (South East Ridge), first climbed by Italians in 1954 and classed the ‘normal route’ can be prone to stone fall from the Black Pyramid during lean snow conditions. The Cesen (South-southeast spur) first climbed by a Basque team in 1994 avoids the Black Pyramid but can be more prone to snow avalanche. The two routes join at 7600m.

The expedition will consist of around 6-8 members. It is important that team members are experienced mountaineers with previous high altitude experience as described above. It is equally important that individuals will act as good team members and allow joint decisions to be made. For your own peace of mind and the teams, Dave Pritt (leader of 5 Everest expeditions plus K2 & Broad Peak) or Stu Peacock (summitted Broad Peak, Cho Oyu & Everest three times and has climbed on K2) will need to speak with you prior to a place being confirmed.

Base Camp will be established on the Godwin Austin glacier at c5100m.

The Cesen Route (E) (South-South East Spur)
Camp 1 (6400m) The climb to camp 1 at around 6400m is technically quite straightforward.

Camp 2: (7100m) The route to Camp 2 involves a technical traverse on steep ground followed by a short but steep chimney to reach camp at 7100m.

Camp 3: (7900m) On the way to camp 3 at 7600 metres is the shoulder where the Cesen route joins the Abruzzi Spur. Camp 3 is located somewhere between 7800 and 8000 meter, depending on conditions.

The Abruzzi Spur (F) (South East Ridge)

To Camp 1 (6050m / 20,000ft)
The route is technically easy consisting of rocky scree.

To Camp 2 (6700m / 22,000ft) The main difficulties include the ‘House’s Chimney’, a 50m high rocky chimney at a height of 6400 metres.

To Camp 3 (7400m / 23,500ft) This section is the most technical part of the climb, ‘The Black Pyramid’, consisting of 350-400m of near vertical climbing on mixed rock and ice that leads to the ‘Shoulder’ and camp 3.

To Camp 4 (7800m-8050m / 25-26,000ft) Camp will be placed as high up on the shoulder as possible to increase our chance of success on summit day. The slope is a mere 30 degree slope but can be prone to avalanche.

Both Routes Summit Day – starts at around 11pm with a summit target of 2pm. The technical difficulties are through the ‘Bottleneck’, a 100 metre narrow icy couloir at around 8300m (80-90 degrees) and a final 30m high rocky barrier close to the summit.
WHAT IS INCLUDED

- Internal flights to Skardu
- British Expedition Leader
- All permits, charges, importation taxes and levies payable to the Government of Pakistan in connection with the expedition.
- All hotel and other accommodation up to and including two nights accommodation on our return to Islamabad.
- All tents, ropes and other communal equipment necessary for the climb.
- Medical safety equipment and supplies including Gamo Bag, Stretcher and Emergency Oxygen
- Communication equipment, each member will have a radio on the hill.
- Satellite telephone and e-mail facilities, website, weather forecasts.
- All food, fuel and cooking equipment.
- All trucks, jeeps, porters, base camp workers. Base Camp services., cooks, cook boys, tents, seating etc.
- High Altitude Climbing Porter/Sherpa support on the mountain at a ratio of at least 1:2.

WHAT IS NOT INCLUDED

- Personal medical supplies and personal use of communication equipment.
- High Altitude Climbing Porter/Sherpa Bonus.
- Costs associated with leaving the expedition early.
- Oxygen (Top Out Masks & Poisk/Summit cylinders)

BROAD PEAK

We strongly recommend joining our combo expedition to Broad Peak and K2, this allows you to acclimatise on Broad Peak thus reducing the time spent on the lower slopes of K2.

CATERING ARRANGEMENTS

Menus will be a good mix between local and European food. Snack food for the hill will be plentiful and consist of such things as: chocolate, cereal bars, jelly, dried fruit, nuts, cheese and salami (you help yourself from tubs, so there is no limit!). Cooked food higher on the hill will be a...
combination of boil in the bag or freeze dried packs, soup and supplemented by snacks. For special interest and to keep the taste buds going we ask that each member brings a small 'luxury' item of desire to share at some point with the rest of the group.

INSURANCE
Insurance which covers mountain rescue, helicopter evacuation and medical expenses is **essential**. We will require a copy of your insurance prior to departure.

EQUIPMENT
A detailed equipment list is provided on booking. Specialist items such as sleeping bags, high altitude boots and down suits can be hired or purchased with a 15% discount off the RRP.

Why Book with Adventure Peaks?

Financial Security
- Adventure Peaks is ATOL bonded giving you financial security and peace of mind, rather than perhaps sending funds to an unknown destination in a developing country.

Communication equipment:
- All members and Climbing Porters are given a radio for the duration of the expedition and we have quality base sets at BC.
- Satellite Telephone You can also take the phone to use in the privacy of your own tent.
- E-mail facilities

Mountain Equipment
- We use high quality tents such as Terra Nov, Marmot or Mountain Hardwear. All our Climbing Porters staff are given the same tents.
- Good supply of stoves, shovels etc

Base Camp Equipment & facilities
- We use strong comfortable base camp tents
- Same quality tents for storage and Cooks
- Toilet tents
- BC Shower tent
- Comfortable seating

Staffing
- We have good cooks and climbing porters/Sherpa staff who regularly work for us.
- We have a cook and cook assistant at BC to ensure you are well looked after.
- At least 1 climbing porter/Sherpa to every two clients, a higher ratio than many so that we can allow for illness, accident or to get logistics in place after a bad spell of weather etc.

Medical
- Gamow Bag
- Emergency Equipment, spare oxygen, stretcher

Oxygen
- Our own Top Out masks and regulators and Poisk Oxygen bottles to enable us to know their full history