

Matterhorn Week



The Matterhorn is one of the most recognisable and exquisitely beautiful mountains in the world, a must do mountain on any Alpinists tick list! The aim of this course is to climb the Hörnli ridge from Zermatt after acclimatising and training on peaks in the Chamonix Valley after which three days have been set aside to attempt the Matterhorn. The Matterhorn is very dependent on the weather forecast and the conditions prevailing on the mountain, if it is not possible or your guide feels you are not ready for the climb you will climb something else

Suitable for:

Those with a sound alpine background and who have a good level of fitness, are surefooted and able to move quickly on scrambling terrain and have some rock climbing experience to at least Severe to Hard Severe standard and Scottish Grade 2 winter climbing

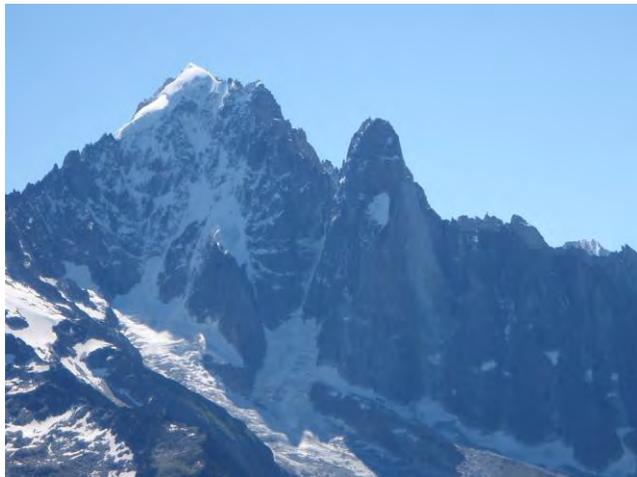
Guiding ratio 1:2 in the initial days and then 1:1 for the Matterhorn

The Programme may be adjusted in order to make the best of the weather and provide the best chance of success on the Matterhorn, for example the ascent may be made early and other routes done as a follow up. This kind of flexibility is not possible on our extension options.

- Day 1 Meet Guide at 7.30 in Hotel
- Day 2 Acclimatisation climb to 3000m Hotel
- Day 3 Walk to the Alpine Hut, acclimatisation and recap on glacial travel and moving together
- Day 4 Acclimatisation and Training Peak. Hotel
- Day 5 Transfer to Zermatt
Ascent to Hörnlihütte Hut
- Day 6 Ascent of Matterhorn via Hornli Ridge
- Day 7 Spare day plus descent. Hotel
- Day 8 Breakfast and departure

Training Routes or Alternative in case of poor weather **may include** things such as:

Dent du Geant (4,013m) – close to the Grand Jorasses it forms an iconic rock spire overlooking the Mere De Glace. The route is approach on snow and the climb is on rock at Alpine grade AD.



Aiguille du Grepon (3,482m) – A classic rock route that can be used to practice or hone your efficient rock climbing technique

Petit Dru (3,733m) – One of the most classic rock spires in the Alps which dominates the Chamonix valley

What is included

- ✚ All Instruction & Guiding
- ✚ 3 Valley night - Bed & Breakfast accommodation on a twin sharing basis.
- ✚ 4 Mountain Huts - Half board basis in dormitory accommodation.

- ✚ Group mountaineering equipment such as ropes and other technical equipment

What is not included

- ✚ Transport between the UK and the course venue
- ✚ Lunch
- ✚ Personal climbing equipment and clothing (ice axes, crampons, harnesses & helmets)* (* these items can be hired, please book at least 4 weeks prior to departure).
- ✚ Valley Food - a 3 course meal would generally cost in the region of 21Sf.
- ✚ Cable car and any mechanical uplift costs. These costs can vary considerably, depending on the weather and routes climbed but will vary between £70-£80.



Insurance

Any accident in the Alps can be an extremely costly business. It is essential that you take out full mountaineering insurance that covers you for mountain rescue and medical expenses. These policies can be obtained through the BMC or other specialist insurers. It is also recommended that the policy includes cancellation cover. Evidence of insurance must be carried with you in the mountains. You should obtain a Form E111.

Travel

One option is to fly to Geneva and transfer to Chamonix approx £25-30